

Group Leader Packet



**Sheltowee
Trace
Outfitters**

**PO Box 1060
Whitley City, KY
42653**

**1-800-541-RAFT
www.ky-rafting.com**



Boy Scouts of America Whitewater Merit Badge Instruction

This class includes both a classroom and on-water component designed to aid the scout in completing the Whitewater Merit Badge. The classroom work (approx 2 hours) must be completed prior to the on-water instruction.



Cost: \$10/scout; minimum of 10 scouts.

Cost includes.....

- Instructors registered as youth instructors with BSA.
- Classroom instruction the day/evening before.
- On-water instruction during rafting trip.

Raft trip must be scheduled separately.

Specials for Groups of 15 or More Only!

Tubing trip

The 1½ - 2 hour trip covers about a mile of river starting at the Blue Heron Mine interpretive area. Doing the self-paced walking tour through the partially re-stored mining town either before or after the tube trip makes for a very pleasant afternoon. \$15/pp.



Wagon Ride Group Special

Travel along old logging roads to a stream that drops through a series of waterfalls. Hike back along Falls Creek trail or return on the wagon ride! \$5/pp. With bonfire and s'mores. \$10/pp.

Hamburger/Hotdog cookout with Climbing Wall or Wagon Ride

Make an evening of it by combining your cook-out with a Wagon Ride or the Climbing Wall. Even better, not everyone has to agree on the same activity - your group can split between the two. \$20/pp.



Group Discounts

10% group discount for groups of 15 or more on our rafting and canoeing trips. Not available on Saturdays from June 1 to August 31st, nor on Sundays of Memorial and Labor Day weekend.

On-site Group Lodging

Group Field Camping

This is open field camping for groups of 15 or more. There is no water/electric, but bathhouse privileges are included. Bring your own picnic tables/elevated fire barrels (no ground fires allowed).



Primitive Tentsites

We have 8 primitive (no water or electricity) walk-in tent sites perfect for those that want to stay off the beaten path. Group camping options are to combine Backwoods tentsites 3 and 4 for groups up to 20 people, or Frontwoods tentsites 5 through 8 for groups up to 24 people.

Camp-Inns

Rustic one room wooden cabins, with 6 single bunks and 2 couples-bunks. The back porch overlooks the forest and has built-in seating around the edges, as well as a propane stove. Bring your own cooking and sleeping gear. Bathhouse privileges included. 5 camp-inns house a maximum of 50 ppl.



Other On-site Lodging

RV Campground - Six pull-through RV sites (w/e/s); seven back-in RV sites (w/e), five drive-to W/E Tent sites (w/e).

Star Falls Cabin - Fully-furnished, 3BR, 1.5 bath, resort-style cabin. Sleeps 10-12.

Relax while we do the cooking!

We'll do the planning, shopping, cooking, and clean-up, so that you can enjoy the trip too!

Hot Breakfast

Hash browns, scrambled eggs, bacon, sausage, biscuits, cheese, milk, orange juice, coffee. \$10/pp.

Cold Breakfast

Bagels with butter and cream cheese, fruit and cheese danishes, cereal, yogurt, bananas, oranges, milk, orange juice, coffee. \$7/pp.

Boxed Lunches

Hearty sub sandwiches with chips, drink, and cookies for dessert. Sandwiches can be made to order if ordered the evening before. \$7/pp.

Cook-out

Hamburgers and hotdogs fresh off the grill with all the fixings, french fries, soft drinks, and ice cream for dessert. We can accommodate vegetarians as well. Lunch or Dinner. \$10/pp.

Hot dinner

Roast beef in gravy, chicken parmesan, mashed potatoes, vegetables au gratin, salad, rolls, choice of either brownies or fruit cobbler (either served with ice cream) for dessert. \$16/pp.



Minimum 15 people. Reservations must be made at least 2 weeks in advance. Prices do not include tax/gratuity. Soft drinks are included for lunch and dinners.

What to bring/wear on River Trips

Rafting trips: We are fairly restrictive in terms of what we allow on our whitewater raft trips. We are concerned with the safety of all paddlers should a raft flip over in a rapid. So, no coolers, dry-bags, or Fishing poles!

Canoe/Kayaking trips: There are fewer restrictions on the canoe/kayak trips, but remember that everything that goes on the river with you has the possibility of getting lost or wet. When in doubt, you are better off not bringing something. And remember - it has to all fit in the boat with you!

Whitewater Rafting

We provide:

- The guide and the raft.
- Transportation to/from the meeting point.
- The lunch on all-day raft trips.
- The paddles, PFDs (life jackets) and helmets

Canoeing/Kayaking

We Provide:

- The canoe or kayak
- Paddles, PFDs
- Shuttle

You Provide:

- Lunch or snack! Include something to drink. No glass containers.
- Camp gear for overnight trips.

For all River Trips

Summer clothing

- Cotton t-shirt
- Nylon shorts

Spring/Fall Clothing

- Polypropylene/silk
- Fleece/Wool
- Nylon/Gor-tex

- Appropriate foot-wear (shoes that tie, buckle or velcro; NO FLIP-FLOPS, CLOGS, OR CROCS!)
- Dry clothes for after the trip (leave in your car)
- Sunblock, Sunglasses, Sunglass straps
- Water-proof camera
- Needed medication

Alcohol is strictly prohibited on all river trips. Intoxicated persons will be turned away with no refunds. Save the alcohol for after the trip or in camp.

Steps for a Successful Trip

1. Call us with one or two dates that your group is able to go. We will take a tentative reservation for your estimated number of people and set a date by which you need to give us final numbers and the 50% non-refundable deposit.
2. Follow up with your group to find out who is going and who is not. We strongly suggest that you get a deposit from each person in your group to protect yourself from having someone not show up and you losing the deposit that you put down for them.
3. Call us with the final number of people going on the trip and send in the 50% deposit (Cancellation Policy are all available on-line). This will secure your reservation. If you decide not to go, please call and cancel the reservation!
4. Make sure that everyone knows when and where to meet, as well as what is appropriate to wear and bring. Make sure you allow enough time for the curvy roads around here.
5. Make two-sided copies of the appropriate release forms. Minors must read and sign both sides of the release form. In addition, the minor's parent (or legal guardian) must also read both sides and sign the minor's release form. We cannot accept release forms in which the language has been modified. All participants must read and sign the release form, including those over the age of 18.
6. On the day of the trip, have one person come in to turn in the release forms and pay the balance of the bill. Please note that the discount that we offer to groups is only in effect if there is one person in that group that collects money, sends in the deposit, and pays the balance.
7. Relax! Remember - the group leader is allowed to have fun too!

Other Places to Camp

Cumberland Falls

Cumberland Falls State Resort Park (800) 325-0063
Eagle Falls Resort (888) 318-2658

Corbin

KOA Campground (800) 562-8132

Laurel Lake

Bee Creek Resort and Campground (606) 523-2367
Craig's Creek Group Campground (877) 444-6777
Grove Campground (877) 444-6777
Holly Bay Campground (877) 444-6777

Big South Fork

Bandy Creek Campground (423) 286-7275
Blue Heron Campground (606) 376-5073
Reservations (877) 444-6777



Backcountry Camping

The Big South Fork NRRRA requires a backcountry pass. \$5/ group of 6 or less for up to 2 weeks. Available through us, as well as at Ranger Stations and some area stores.

The Daniel Boone National Forest does not require a backcountry pass. Two weeks maximum at any site.

Other Things to Do

Horseback Riding

Bill's Riding Stables
Cumberland Falls Stables

(606) 528-2066
(606) 528-4121
(ask for the stables)

Hiking Trails

There are hundreds of miles of trails in the area. Here are a few of the most popular.

Eagle Falls Trail - 3 mile round-trip hike features spectacular views of Cumberland Falls and Eagle Falls.

Natural Arch Trail - Located off of Hwy 927, this is a 2.4 mile round-trip to the 50-foot high, 90-foot long sandstone arch.

Yahoo Falls Scenic Area Trail - Located off of KY 700, this 2.0 mile round-trip trail offers high cliffs, a towering 113-foot waterfall and crystal clear streams.

Dogslaughter Falls Trail - Located 1 mile from the Outfitters, this trail follows Dogslaughter creek as it

winds its way to the Cumberland River. Choose either a 2.4 or 11 mile hike down to Dogslaughter Falls and back.



Other Attractions

Big South Fork National River/Recreation Area

Bandy Creek Visitor's Center (606) 376-5073

Bandy Creek Visitor's Center (423) 286-7275

Big South Fork Scenic Railway, Stearns (800) GO-ALONG

Cumberland Museum, Corbin (606) 539-4100

Harlan Sanders (KFC) Cafe/Museum, Corbin (606) 528-2163

McCreary County Museum, Stearns (606) 376-5730

The Fine Print

Reservations: Reservations are required on all river trips and catering options. They are highly recommended on other options, to make sure that we can accommodate your group. Reservations require a 50% deposit. All reservations are tentative until the 50% deposit is received.



Cancellation Policies: There are NO REFUNDS on reservation deposits, so double-check the number of participants before you send in your deposit. We run trips rain or shine (you get wet anyway!!). We reserve the right to transfer the trip to another river or section of river in extreme high or low water conditions. Alcohol is not allowed on any river trip. Intoxicated persons will not be allowed on the river and will forfeit their deposit. Cancellation policies for the various activities are available on our website.

Release Forms: Adventure sports have inherent risks for which you must sign a waiver of liability. In addition, minors (under 18), must have a parent or guardian sign an indemnity clause. Forms for the various trips that we run are available on our website.



Directions to Sheltowee Trace Outfitters

Big South Fork and Russell Fork trips meet at a remote location.

From I-75 Southbound: Take Exit 25 (Corbin). Turn right at the off-ramp onto 25W Southbound. Follow the signs for Cumberland Falls State Resort Park. This will involve staying on 25W for about 8 miles, and then turning right (more of a fork) onto 90 west. Follow this for about 2 miles. Our entrance is on the left.

From I-75 Northbound: Take Exit 15 (Williamsburg). Turn left at the off-ramp onto 25W Northbound. Follow the signs for Cumberland Falls State Resort Park. This will involve staying on 25W for about 5 miles, and then turning left and left again onto US90 west. Follow this for about 2 miles. Our entrance is on the left.

From US 27 Southbound: Turn left onto US90 east at Parker's Lake (approximately 30 minutes south of Somerset.) Note that US90 west turns off of US27 in Burnside (5-10 minutes south of Somerset); you DO NOT want to turn there. Follow US90 for 12 miles. You will cross over the Cumberland River, and through Cumberland Falls State Resort Park. Continue another 5 miles. Our entrance is on the right.

From US 27 Northbound: Turn right onto 1045 approximately 4 miles north of Whitley City. If you miss this turn, you can turn right onto US90 approximately 3 miles further on, and follow the directions in US27 Southbound above. In approximately 8 miles, 1045 will 'T' into US90. Turn right onto US 90. In 2 miles, you will cross over the Cumberland River, and through Cumberland Falls State Resort Park. Continue another 5 miles. Our entrance is on the right.



On-line maps and navigation systems are often wrong for the following address. Please defer to the above directions!

Physical address: 2001 Hwy 90, Corbin KY 40701
GPS coordinates: N36 50.457 W084 15.596

