Directions to Sheltowee Trace Adventure Resort
(Note: Big South Fork and the Rainbow Mist trips meet at a different location)

From I-75 Southbound: Take Exit 25 (Corbin). Turn right at the off-ramp onto 25W, southbound. Follow the signs for Cumberland Falls State Resort Park. Stay on 25W for 8 miles, and then bear right onto Hwy 90 west. Follow this for about 2 miles. You should see our signs on the left. Our entrance is on the left. If you enter the Daniel Boone National Forest, you have gone a 1/4 mile too far.

From I-75 Northbound: Take Exit 15 (Williamsburg). Turn left at the off-ramp onto 25W northbound. Follow the signs for Cumberland Falls State Resort Park. Stay on 25W for 5 miles, and then turn left onto the access road to Hwy 90. Turn left onto Hwy 90 west-bound. Follow this for 1.7 miles. You should see our signs on the left. Our entrance is on the left. If you enter the Daniel Boone National Forest, you have gone 1/4 mile too far.

From US 27 Southbound: Turn left onto Hwy 90 east at Parker’s Lake. This is approximately 30 minutes south of Somerset. Note that Hwy 90 west turns right off of US 27 in Burnside (5-10 minutes south of Somerset. You DO NOT want to turn there). Follow Hwy 90 for 12 miles. You will cross over the Cumberland River and enter the Cumberland Falls State Resort Park. Stay on the main road (Hwy 90) as you go through the park and continue another 5 miles past the park. Once you leave the Daniel Boone National Forest, you will see our sign on the right. Our entrance is the next right.

From US 27 Northbound: Turn right onto Hwy 1045, approximately 4 mile north of Whitley City. (If you miss this turn, in 3 miles you can turn right onto Hwy 90 and follow the directions in US 27 Southbound above). In approximately 8 miles, Hwy 1045 will ‘T onto Hwy 90. Turn right onto Hwy 90. In 1.5 miles, you will cross over the Cumberland River and enter the Cumberland Falls State Resort Park. Stay on the main road (Hwy 90) as you go through the park and continue another 5 miles past the park. Once you leave the Daniel Boone National Forest, you will see our sign on the right. Our entrance is the next right.

Caution: Highways 25, 25W, and 25E are 3 different roads in this area. Taking 25 or 25E west is not the same as taking 25W.